

**BULGARIAN SOCIETY** OF GROUP ANALYSIS AND GROUP PROCESSES



SIGMUND FREUD UNIVERSITY, VIENNA AND THE BULGARIAN SOCIETY OF GROUP ANALYSIS AND GROUP PROCESSES, SOFIA

# DIPLOMA

# 008

Hereby this is certified that

## MARTINA IVANOVA STANEVA-ANTONOVA

PIN 7409076792

has successfully completed the required course of study of the joint programme of Sigmund Freud University, Vienna and the Bulgarian Society of Group Analysis and Group Processes, Sofia in group analysis. Thus she acquires the full capacity professional qualification of and can practice as

### **GROUP ANALYST**

as entered in our records on sixth day of September 2013.

In witness whereof, by authority committed to us, we have hereunder placed our names and caused this diploma to be signed by the duly authorized persons of SFU, Vienna and the BSGAGP, Sofia and those caused their seals to be affixed hereto

On this twenty seventh day of September, 2013

Prof. Dr. Alfred Pritz

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Rector of SFV, Vienna

Psychoanalyst, Group Analyst

Dr. Karl Golling

Psychoanalyst, Group Analyst Senior Trainer of the Programme

Tzvetelina Iossifova

Chairwoman of the BSGAGP, Sofia Registered Psychotherapist, Group Analyst Local Trainer of the Programme





#### SUPPLEMENT

#### to Diploma # 008 of Martina Ivanova Staneva-Antonova

pin 7409076792 AS GROUP ANALYST —

This is to certify that from twentieth November 2009 until twenty seventh of September 2013 Martina Ivanova Staneva-Antonova has successfully completed full training course of study in group analysis consisting of 1,400 academic hours in the joint programme of Sigmund Freud University, Vienna and the Bulgarian Society of Group Analysis and Group Processes, Sofia. Thus the student acquires the full capacity professional qualification of and can practice as group analyst.

In the course of this training the student has acquired knowledge about the medico-biological fundamentals of human behaviour, the scientific principles and methods of psychotherapy science, psychoanalysis and group analysis, the developmental psychology, the psychoanalytical diagnostics and psychopathology, the history of psychotherapy, psychoanalysis and group analysis, the group analytic origins, development and practice, and the methodology of psychotherapeutic research. The student has developed skills in leading own group under supervision using the group analytic method.

In the course of training the student has further acquired knowledge about the social nature and origin of man; the primacy of the relational matrix; the psychoanalytic origin of a personal and social unconscious; the systemic origin of persons, groups, organisations in dynamic equilibrium; the place of group analysis in the field of group therapies; the relationship to other theories, etc. The student has acquired knowledge about the key concepts of setting, group boundaries, group leader as dynamic container of communications; the therapeutic action of group analysis, selection, group composition, phases of development, indications, groups in special settings, medium and large groups, organisations. The student has also acquired knowledge about other relevant theories like psychoanalytic theory and practice; sociological theories; phenomenology; systems and communication theory; lifespan and developmental psychology. The student has acquired knowledge and built skills to form and sustain relationships; to respect the terms of an agreed treatment contract (aims, confidentiality). The student has developed personal qualities: empathy, self-awareness, egostrength, reliability and ethical conduct.

The training course of 1,400 academic hours took place in various theoretical, literary and practical formats. These include self-awareness experience in group; lectures, courses and seminars, clinical seminars, perusing literature, reading seminars, thematic courses and workshops; introduction of medium and large group experience; group supervision seminars, supervision of own practice of the student; etc. – led by local and guest trainers.

The student has submitted final paper and thus passed the final examination. The group analyst qualification enables Martina Ivanova Staneva-Antonova to use the method of Group Analysis in full professional capacity.

Twenty seventh of September 2013, Sofia

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